

0

LEVEL 0



COOKERY



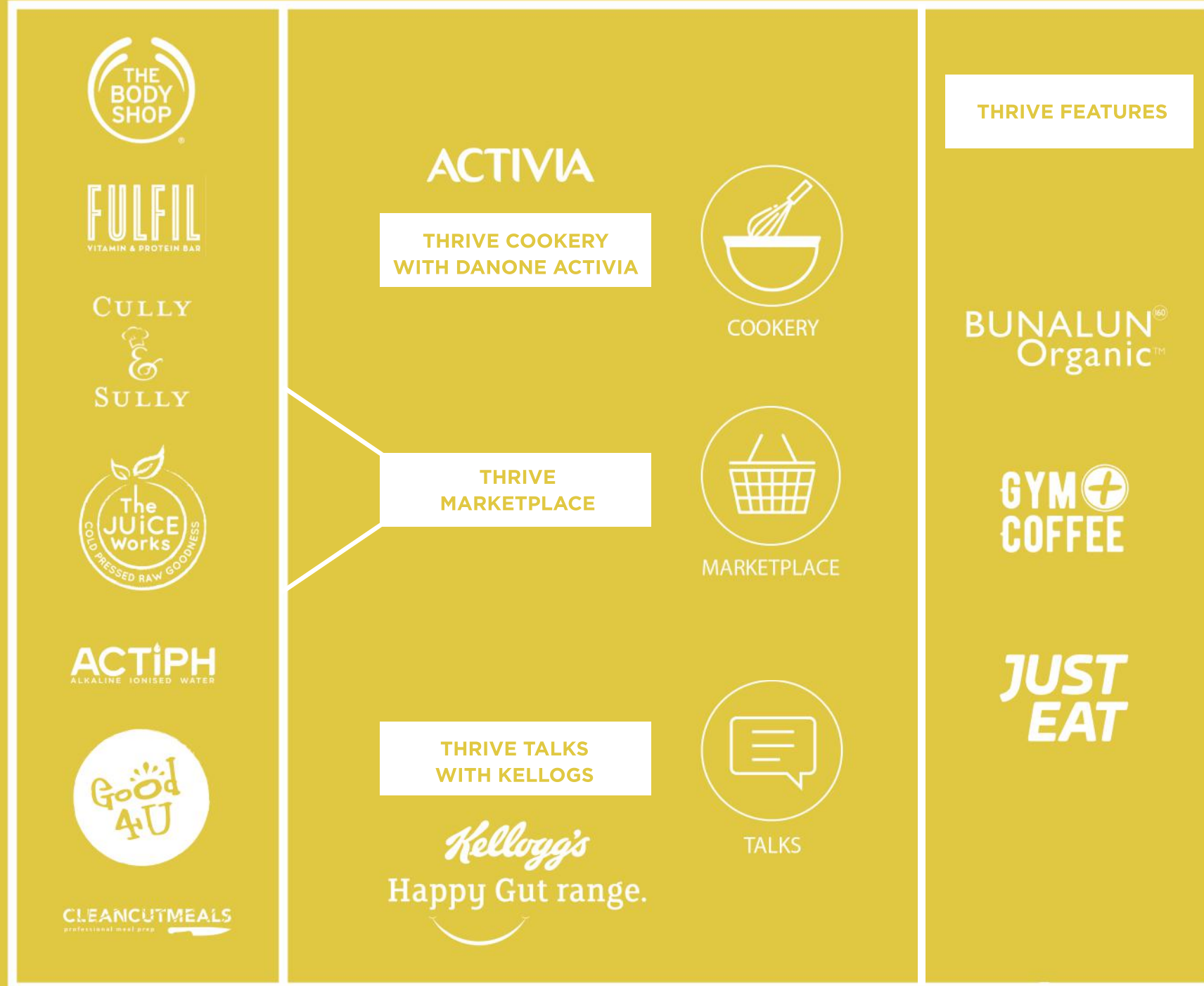
MARKETPLACE



TALKS



THE CONVENTION CENTRE DUBLIN
30TH & 31ST MARCH



THIS ILLUSTRATION IS SUBJECT TO CHANGE

LEVEL 1



MOVE



YOGA



PILATES



LIFE

THRIVE MOVE 1
WORKOUT CLASSES
WITH PURE ATHLETE

PURE
ATHLETE
www.pure-athlete.com



MOVE

THRIVE MOVE 2
WORKOUT CLASSES
WITH PLAYERLAYER

PL *PLAYERLAYER*



MOVE

THRIVE YOGA 1
ALL LEVELS



YOGA

THRIVE PILATES
& BARRE



PILATES

THRIVE YOGA 2
WORKSHOPS



YOGA

THRIVE LIFE



LIFE



THE CONVENTION CENTRE DUBLIN
30TH & 31ST MARCH



KIND SNACKS
CHILL AREA

ACTIPH
ALKALINE IONISED WATER



THE CONVENTION CENTRE DUBLIN
30TH & 31ST MARCH

KOBBOX BOXING WORKOUTS



THRIVE SPIN WITH MCSPORT



SPIN MCSPORT+IE

THRIVE ZUMBA WORKOUTS



ZUMBA

THRIVE INNER WELLNESS WITH SYMPROVE



INNER WELLNESS



THRIVE GROW



GROW

lululemon STAGE



F45 WORKOUTS



Kellogg's
Happy Gut range.



KELLOGG'S
HAPPY HUB

ACTIPH
ALKALINE IONISED WATER



STAGE



REFRESH & REFUEL



THRIVE
FESTIVAL
THE CONVENTION CENTRE DUBLIN
30TH & 31ST MARCH



STAGE

THRIVE SIGNATURE STAGE - DRIVEN BY MAZDA

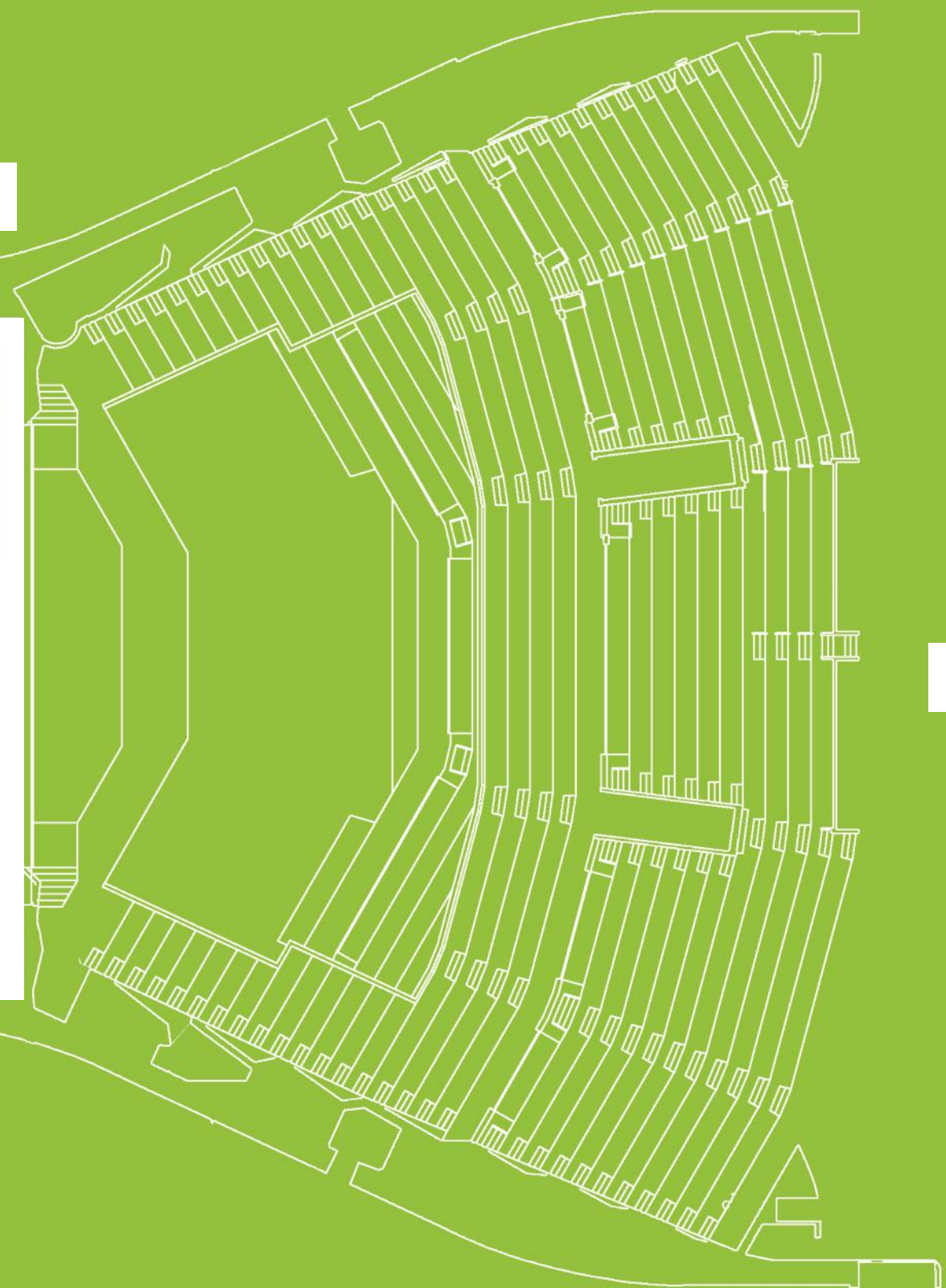
SATURDAY
9:30 & 13:30

Gemma Atkinson



SUNDAY
9:30 & 13:30

Dr. Hazel Wallace
The Food Medic



REFRESH & REFUEL

THRIVE REFRESH & REFUEL